

								
CHOREOGRAPHY AND PERFORMANCE TECHNIQUES - CSD Higher Conservatory of Dance								
ACADEMIC YEAR	COMPONENT CODE	COURSE	COURSE (Catalan)	1st semester (Autumn Term)	2nd semester (Spring Term)	ECTS CREDITS	DESCRIPTORS	
Year 1	410001	History of dance	Història de la dansa	x	x	6	<p>The course focuses on the history of dance, following its chronological progression within the broader context of the history of ideas and the arts, with specific references to the socio-political background of different styles, movements, authors, and works, and occasional use of bibliographic, iconographic, and audiovisual sources.</p> <p>The thematic scope of the course includes descriptive elements related to various ethnic realities, although its general approach is historiographical, addressing the development of Western dance—particularly theatrical dance—from its origins to the twilight of classical ballet, as reflected in the experience of the Russian Ballets and the proto-modernist movements of the late 19th century.</p>	
Year 1	410002	Dance techniques I (Classical, Contemporary or Spanish)	Tècniques de dansa I	x (module 1,2,3)	x (module 4,5,6)	9	<p>Practical dance class designed to serve as technical and interpretative training and deepening for the specialties of Performance/Choreography and Pedagogy alike. It aims to provide students with the tools to develop their skills through conscious practice, acquire new resources, and consolidate existing ones.</p>	
Year 1	410003	Basis of movement	Fonaments del moviment	x		2	<p>Study of the general principles of human movement and the systems that enhance efficiency in bodily mobility, with practical application to various dance techniques.</p>	
Year 1	410004	Descriptive anatomy	Anatomia descriptiva	x		3	<p>This course aims to provide future professionals in dance pedagogy and choreography with the tools to understand, analyze, and optimize bodily movement in dance practice. It approaches the descriptive and practical study of the anatomy of the locomotor system and the biomechanics of the joints as essential knowledge for understanding human body mobility, with special attention to the movements most commonly used in dance.</p>	
Year 1	410005	Physiology	Fisiologia	x		3	<p>Knowledge of the anatomy, physiology, and biomechanics of the human body, its capacities and limitations as a vehicle for artistic expression, as well as of the most common pathologies and their prevention, in order to optimise performance and creative practice.</p>	
Year 1	410006	Composition I	Composició I	x		6	<p>Research and exploration of the three main elements involved in any choreographic creation: language, time-space, and structure. Introduction to the creative process of choreographing a duet. Investigation of different types of relationships between two bodies in space. Choreographic exercises, primarily in duet format, applying various compositional parameters.</p>	

Year 1	410007	Interpretation I	Interpretació I		x	6	Specific training for performers/dancers/choreographers based on the conscious management of energy while on stage. An introduction to the basic tools of performance aimed at bringing movement and stage actions to life within an organised performance context. Course objective: To study the fundamental and essential elements of the performer's interpretative work in the performing arts of movement, choreography, and performance.
Year 1	410010	Repertoire practice I	Pràctica del repertori I	x (June intensive course)		3	Practical study and analysis of excerpts from works by key authors representing different stylistic periods and approaches.
Year 1	410013	Rhythmic practice and sound languages I	Pràctica rítmica i llenguatges sonors I	x	x	6	Knowledge, analysis, and experimentation of musical rhythm in all its facets and manifestations. Application of rhythmic practice to dance movement, based on knowledge of percussion and its instrumental diversity as a tool for motor and coordination development. Knowledge and vocal practice of musical melodic and harmonic elements.
Year 1	410014	Workshop I	Taller I		x	6	Stage practice based on the student's proposal, aimed at integrating the knowledge acquired during the course for the creation of a duet with an approximate duration of 5–8 minutes.
Year 1	410015	Improvisation I	Improvisació I	x	x	5	Work from specific improvisation guidelines to explore the basic elements involved in movement, which are later applied to composition (movement qualities, dynamics, movement impulses, sources of movement creation, etc.). Develop a state of alertness and attention through both internal (self) and external (spatial) connection, in order to compose small improvised duet scores in a creative and spontaneous way.
Year 1	410016	Choreographic and musical culture	Cultura coreogràfica i musical	x	x	5	This course focuses on the history of dance, following its chronological development within the broader context of the history of ideas and the arts, with specific references to the socio-political background of different styles, movements, creators, and works.
Year 2	420001	History of modern and contemporary dance	Història de la dansa moderna i contemporània	x	x	3	A historical overview of the main movements and choreographers that shaped the dance tradition of the 20th century and the contemporary dance landscape.
Year 2	420002	History of dance in Spain	Història de la dansa a Espanya		x	3	This course aims to provide knowledge and analysis of the different genres, styles, and dance repertoire that have developed in Spain throughout various historical periods and sociocultural contexts, with particular emphasis on the history of dance in Catalonia between the 19th and 20th centuries.
Year 2	420003	Dance techniques II (Classical, Contemporary, Spanish or Other techniques)	Tècniques de dansa II	x (module 1,2,3)	x (module 4,5,6)	9	Practical dance class designed to serve as technical and interpretative training and deepening for the specialties of Performance/Choreography and Pedagogy alike. It aims to provide students with the tools to develop their skills through conscious practice, acquire new resources, and consolidate existing ones.

Year 2	420004	Dance and health	Dansa i salut	x		3	This course encompasses aspects that connect dance with the broader notion of health and well-being. It provides students with a foundation of knowledge to approach their practice—whether in pedagogy, performance, or choreography—in an optimal and healthy way for themselves and others.
Year 2	420005	Conditioning of the dancer-performer	Condicionament físic del ballari-intèrpret	x	x	3	This course aims to provide future professionals in the fields of choreography and performance with both theoretical and practical tools to care for the body and develop and maintain the conditioning capacities necessary for professional dance practice. The goal is to equip students with the knowledge to autonomously manage their own physical-postural conditioning, while also possessing sufficient resources to lead the physical preparation and maintenance of other dancers in the development of their physical and performative activity.
Year 2	420006	Composition II	Composició II (PED)	x		3	Strategies for Developing a Personal Choreographic Notation: Articulation of thematic and abstract compositions through the integration of technical and formal tools acquired in previous Composition I courses, supported by a theoretical and historical understanding of Western choreographic practice, with a focus on solo composition work.
Year 2	420007	Interpretation II	Interpretació II		x	3	Advanced study of Interpretation I, expanding specific interpretative training for dancers/performers based on conscious energy management. Special emphasis is placed on the study of elements that shape stage behavior across different aesthetic approaches.
Year 2	420008	Improvisation II	Improvissació II	x		3	Develop tools for improvisation and the creation of improvised scores for solo and group work.
Year 2	420009	Repertoire analysis and practice	Anàlisi i pràctica del repertori		x	6	Identification and study of some of the fundamental/significant works in the dance repertoire.
Year 2	420010	Movement notation I	Notació del moviment I	x		3	Study of Laban's system of analysis and observation to understand and deepen movement. Study of choreographic notation to introduce students to the analysis, reading, interpretation, execution, and composition of movement. Notation of choreographic sequences, either in full or in detail, depending on the dance style or technique practiced and the student's personal creativity. Reading and comprehension of dance scores. Capture and notation of simple human body movements.
Year 2	420011	Repertoire Workshop I	Taller del repertori I	x		3	Course designed to acquire knowledge of the repertoire through the theoretical and practical study of works that have shaped the evolution of dance throughout history up to contemporary creation.
Year 2	420012	Musical analysis applied to dance	Anàlisi musical aplicat a la dansa	x	x	3	Acquire the necessary musical knowledge to analyze musical structures for application in dance teaching or choreographic processes. Analyze formal and stylistic characteristics of musical works composed for dance and other contexts. Develop a personal notation system to be able to describe music.

Year 2	420013	Rhythmic practice and sound languages II	Pràctica rítmica i llenguatges sonors II		x	3	Knowledge, analysis, and experimentation of musical rhythm in all its facets and manifestations. Application of rhythmic practice to dance movement, based on knowledge of percussion and its instrumental diversity as a tool for motor and coordination development. Knowledge and vocal practice of melodic and harmonic musical elements.
Year 2	420014	Stage space I	Espai escènic I	x		3	This course establishes a common language between dance performers and creators and those involved in stage design, providing the necessary knowledge and tools to develop individual conceptual approaches to dance spaces. It also aims to equip students with the capacity for analysis, study, and practical application of the resources specific to the configuration of stage space.
Year 2	420026	Choreographic and performance workshop	Taller de creació coreogràfica i d'interpretació		x	6	Stage practice based on the students' own proposals, aimed at integrating and applying the knowledge acquired in the course "Composition II" through the creation of a solo piece with an approximate duration of 5–8 minutes.
Year 3	430001	Theory of acting	Teoria de l'actuació	x	x	3	Description and analysis of the general principles of performance. The course offers a cross-disciplinary perspective on the various technical traditions related to performance in order to formulate common working principles and logics that explain how the actor-dancer develops expressive capacity and communication with the audience. Performance traditions are considered in their full breadth, including Euro-American and traditional Asian practices, as well as those related to different genres of performance (dance, spoken theatre, and mime).
Year 3	430002	History of modern and contemporary art	Història de l'art modern i contemporani	x		3	A historical and analytical overview of the main authors and movements in 20th-century art, from the avant-gardes of modernism to contemporary conceptual art, supported by iconographic evidence and a wide range of textual references, with special emphasis on the points of contact and convergence phenomena between visual-figurative practice and dance creation throughout the last century.
Year 3	430003	Dance techniques III (Classical, Contemporary, Spanish or Other Techniques)	Tècniques de dansa III (Clàssica, Contemporània, Espanyola, Altres tècniques)	x (module 1,2,3)	x (module 4,5,6)	6	Practical class covering different dance techniques with approaches drawn from diverse cultural contexts.
Year 3	430004	Partner dance techniques	Tècniques de dansa en parella	x		3	Study of the constituent elements of various partner work techniques within the field of dance, including concepts, contexts, and strategies.
Year 3	430005	Composition III	Composició III	x		6	Compositional tools involved in the creation of a choreographic discourse for the development of group compositional exercises. Focus on the development of collective compositional tools and structures.

Year 3	430006	Repertoire analysis	Anàlisi del repertori		x	3	This course deepens the methodological aspects addressed in the previous course, Analysis and Practice of the Repertoire, applying the student's analytical responsibilities to the full spectrum of modern and contemporary repertoire, particularly regarding formalist and abstract traditions.
Year 3	430007	Practice of the repertoire II	Pràctica del repertori II		x	3	This course deepens the methodological aspects addressed in the previous "Repertoire Practice" course, further developing students' analytical skills and their ability to apply the tools they have acquired.
Year 3	430008	Lighting I	Il·luminació I	x		3	This course aims to establish a common language between dance creators and lighting designers in order to develop original lighting concepts. It also seeks to equip students with the ability to analyze, study, and apply lighting resources effectively in stage settings.
Year 3	430009	Dance Dramaturgy I	Dramatúrgia de la dansa I	x	x	3	This course aims to explore the relationship between dance and dramaturgy; between the body (its presence and action) and the dramatic meaning it assumes; between the body and writing, narrative and the body, image and dramaturgy, movement and discourse. The course includes practical and theoretical exercises, as well as some theatrical writing practices.
Year 3	430010	Infographics	Infografia		x	3	This course is an introduction to the identification and experimentation of technological tools specific to the digital stage in dance. It involves the exploration of strategies (audiovisual, sound, immersive, interactive) and their application in choreographic and stage creation processes.
Year 3	430011	Project design, production and management	Disseny, producció i gestió de projectes	x	x	3	A theoretical and practical course that examines the context and stakeholders of the performing arts sector and applies this knowledge to the design, production, management, and distribution of an artistic and <u>choreographic project</u> .
Year 3	430012	Choreographic staging workshop	Taller d'escenificació coreogràfica		x	6	Creation of a choreographic piece (with a minimum of three performers), lasting between 12 and 15 minutes, culminating in a public performance.
Year 4	440001	Dance theory	Teoria de la dansa	x	x	3	This course addresses the general problems and concepts of Dance Theory, both in its endogenous aspects (tracing the development of basic elements in poetic and theoretical writings originating from dance itself) and in its exogenous aspects (identifying and analyzing the presence of transversal thinking about dance within the cultural discourse of the West and East). Students will develop the capacity to articulate a broad reflective paradigm around dance, integrating elements from diverse discursive fields (literature, religious history, philosophy, visual arts, sociology) into an expanded phenomenology of dance itself—understood as a mode of existence and self-reflection that transcends the limits set by historical and contemporary practice or by official and direct meta-discourse.

Year 4	440002	Dance techniques IV (Classical, Contemporary, Spanish or Other Techniques)	Tècniques de dansa IV (Clàssica, Contemporània, Espanyola, Altres tècniques)	x (module 1,2,3)	x (module 4,5,6)	6	Practical class covering different dance techniques with approaches drawn from diverse cultural contexts.
Year 4	440003	Repertoire Workshop II	Taller de repertori II		x	3	Theoretical and practical study of the works that have shaped the evolution of dance throughout history.
Year 4	440004	Choreographic staging	Escenificació coreogràfica	x		3	Introduction to staging as the generation and communication of non-narrative signs through performers' movement and their relationship with space and time. Application of choreographic composition techniques within an interdisciplinary process.
Year 4	440005	Video dance	Video-dansa	x		3	Study and analysis of the relationship between audiovisual creation and dance. Introduction to the theory and practice of video dance. Understanding the structural differences between classical narrative video dance and experimental forms. Analysis of the communicative and aesthetic elements of video in dance performance projects. Introduction to new technologies integral to contemporary choreographic creation. Acquisition of basic knowledge for audiovisual production and post-production, including concept development, structure and scripting, camera work, editing, sound design, post-production, and distribution.
Year 4	440006	Organization and applied management	Organització i gestió aplicada	x	x	6	Practical course applying the knowledge, skills, and values from the theoretical "Project Design and Management" course to a concrete context. It involves implementing all processes of project design, management, and production for a project proposed by the school, currently in progress, or chosen by the student to carry out.
Year 4	440008	Assistant choreographic director	Ajudantia a la direcció coreogràfica			3	This course places the student in a real/professional context of a dance creation process. Working alongside a choreographer or a dance company and its team, the student participates in the development of a new choreography. The assistantship involves partially or fully supporting the preparation, rehearsals, and staging of a choreography, understood as a compositional work in which choreographic language serves as the foundational element.
Year 4	440007	End-of-Degree Project	Treball final			12	
Year 3-4	450001	Elective: Aesthetics	Optativa: Estètica		x	3	Introduction to the essential issues in reflecting on the human capacity for creativity and the diversity of its works.
Year 3-4	450002	Elective: Dance criticism	Optativa: Crítica de la dansa	x	x	3	In-depth study of the different types, formats, and tools of criticism, understood as analytical commentary and aesthetic evaluation of an artist's work (both live and written). Critical review of the main categories of contemporary dance. Development of a critical discourse and a personal poetics based on texts by 20th- and 21st-century dance creators.

Year 3-4	450008	Elective: Visual Theatre	Optativa: Teatre Visual	x		3	Explore and develop the basic aspects of visual theatre (objects, puppets, and shadows) from an interdisciplinary perspective with dance. The course investigates the hybridization between danced movement and object manipulation.
Year 3-4	450009	Elective: Musical Theatre	Optativa: Teatre Musical		x	3	Study of different musical theatre styles and practical work through interpretation exercises, choreography, and songs, providing students with tools to work professionally in the genre.
Year 3-4	450010	Elective: Figurinism	Optativa: Figurinisme	x (intensive course)		3	An introductory course that offers immersion into the world of figurinism applied to stage dance.
Year 3-4	450012	Elective: Acrobatics	Optativa: Acrobàcia	x		3	Introduction to individual, partner, and group acrobatics. Use of diverse equipment and its integration into individual, duet, and group dance movement as a tool to enrich movement, overcome fear, improve physical conditioning, and enhance body awareness.
Year 3-4	450018	Elective: Dance-Theatre	Optativa: Teatre Dansa		x	3	Introduction to creation within the Dance-Theatre language, including its basic techniques and concepts.
Year 3-4	451001	Elective: Rehearsal direction	Optativa: Conducció d'assajos	x		3	Study of the elements involved in directing performers. Practical work on the choreographer/dancer relationship. Reflection based on the practice of different working processes to conduct a rehearsal with a pre-established objective, developing the ability to enable the performer to create. The focus of study is the process, not the stage outcome.
Year 3-4	451002	Elective: Lighting II	Optativa: Il·luminació II		x	3	This course aims to establish a common language between dance creators and lighting designers to develop original lighting concepts. It also seeks to provide students with the skills for analysis, study, and practical application to make effective use of stage lighting resources.
Year 3-4	451005	Elective: Technology applied to music creation	Optativa: Tecnologia aplicada a la creació musical		x	3	Understand and master the semiotics of sound effects, compositional conventions, and the relationships between sound and image through formal and conceptual analysis based on listening and cultural, technical, and perceptual contextualization, enabling dramaturgical use.
Year 3-4	451006	Elective: Audiovisual resources	Optativa: Recursos audiovisuals		x	3	Study of the possibilities and relationship between audiovisual media and dance choreography/pedagogy. Documentation and archiving of dance through video. Communication tools via the Internet. Acquisition of basic knowledge for using the tools necessary for audiovisual creation, including camera operation, editing, sound processing, post-production, and projection.
Year 3-4	451010	Elective: Interpretive practice I	Optativa: Pràctica interpretativa I		x	3	Performance in front of an audience, applying the concepts explored in the courses Interpretation I and Interpretation II.
Year 3-4	451011	Elective: Interpretive practice II	Optativa: Pràctica interpretativa II		x	3	Continuation of "Interpretive Practice I". Practical application, in a public performance setting, of the concepts studied in "Interpretation I", "Interpretation II", and "Performance Practice I".
Year 3	451013	Elective: Optional dance technique A	Optativa: Tècnica opcional de dansa A			3	Practical class in any of the dance techniques offered in the curriculum, aimed at deepening technical and interpretative skills.

Year 4	451014	Elective: Optional dance technique B	Optativa: Tècnica opcional de dansa B			3	Practical class in any of the techniques offered according to the curriculum, aimed at technical and interpretative deepening for the specialties of Performance/Choreography and Pedagogy alike.
Year 3-4	451015	Elective: Body Weather	Optativa: Body Weather			3	Comprehensive dance training and performance practice that explores the intersections of the body and its environment through training, exploration, and research.
Year 3-4	451016	Elective: Ground work	Optativa: Treball de terra	x	x	3	Practical exploration of movement using the floor as both a support and a propulsive surface from any body position. The course provides students with tools to develop skills through conscious practice, acquire new resources in floor work, and consolidate existing ones.
Year 3-4	451021	Elective: Stage space II	Optativa: Espai escènic II	x		3	This course provides tools to recognize and manage the resources of the performance space in the construction of meaning, offering students methodologies from spatial composition, scenography, and stage design sufficient for a choreographer to successfully integrate them into staging codes.
Year 3-4	451022	Elective: Other dance techniques	Optativa: Altres tècniques de dansa	x		3	Basic training for teaching partnering work, focusing on perception, connection, and collaboration with a partner. Study of axis work (maintaining, manipulating, and/or re-establishing it), counterbalance, lifts, their variations, and other elements specific to this technique.
Year 3-4	451024	Elective: Optional dance technique D	Optativa: Tècnica opcional de dansa D	x		3	Practical class in any of the techniques offered according to the curriculum, aimed at technical and interpretative deepening for the specialties of Performance/Choreography and Pedagogy alike. The course provides students with tools to develop skills through conscious practice, acquire new resources, and consolidate existing ones.
Year 3-4	452004	Elective: Pas de deux	Optativa: Pas a dos	x		3	Basic training for teaching partnering work, focusing on perception, connection, and collaboration with a partner. Study of axis work (maintaining, manipulating, and/or re-establishing it), counterbalance, lifts, their variations, and other specific elements characteristic of this technique.
Year 3-4	452011	Elective: Dance projects in the fields of community action, education and health	Optativa: Mirades sobre la dansa			3	A course aimed at developing projects grounded in research within a real and concrete context for the application of dance in the fields of community engagement, education, and health.
The offer of elective subjects slightly changes each academic year							