

DANCE PEDAGOGY - CSD Higher Conservatory of Dance							
ACADEMIC YEAR	COMPONENT CODE	COURSE	COURSE (Catalan)	1st semester (Autumn Term)	2nd semester (Spring Term)	ECTS CREDITS	DESCRIPTORS
Year 1	410001	History of dance	Història de la dansa	x	x	6	The course focuses on the history of dance, following its chronological progression within the broader context of the history of ideas and the arts, with specific references to the socio-political background of different styles, movements, authors, and works, and occasional use of bibliographic, iconographic, and audiovisual sources. The thematic scope of the course includes descriptive elements related to various ethnic realities, although its general approach is historiographical, addressing the development of Western dance—particularly theatrical dance—from its origins to the twilight of classical ballet, as reflected in the experience of the Russian Ballets and the proto-modernist movements of the late 19th century.
Year 1	410002	Dance techniques I (Classical, Contemporary or Spanish)	Tècniques de dansa I (Clàssica, Contemporània o Espanyola)	x (module 1,2,3)	x (module 4,5,6)	9	Practical dance class designed to serve as technical and interpretative training and deepening for the specialties of Performance/Choreography and Pedagogy alike. It aims to provide students with the tools to develop their skills through conscious practice, acquire new resources, and consolidate existing ones.
Year 1	410003	Basis of movement	Fonaments del moviment	x		2	Study of the general principles of human movement and the systems that enhance efficiency in bodily mobility, with practical application to various dance techniques.
Year 1	410004	Descriptive anatomy	Anatomia descriptiva	x		3	This course aims to provide future professionals in dance pedagogy and choreography with the tools to understand, analyze, and optimize bodily movement in dance practice. It approaches the descriptive and practical study of the anatomy of the locomotor system and the biomechanics of the joints as essential knowledge for understanding human body mobility, with special attention to the movements most commonly used in dance.
Year 1	410005	Physiology	Fisiologia	x		3	Knowledge of the anatomy, physiology, and biomechanics of the human body, its capacities and limitations as a vehicle for artistic expression, as well as of the most common pathologies and their prevention, in order to optimise performance and creative practice.
Year 1	410006	Composition I	Composició I	x		6	Research and exploration of the three main elements involved in any choreographic creation: language, time-space, and structure. Introduction to the creative process of choreographing a duet. Investigation of different types of relationships between two bodies in space. Choreographic exercises, primarily in duet format, applying various compositional parameters.

Year 1	410007	Interpretation I	Interpretació I		x	6	Specific training for performers/dancers/choreographers based on the conscious management of energy while on stage. An introduction to the basic tools of performance aimed at bringing movement and stage actions to life within an organised performance context. Course objective: To study the fundamental and essential elements of the performer's interpretative work in the performing arts of movement, choreography, and performance.
Year 1	410010	Repertoire practice I	Pràctica del repertori I	x (June intensive course)		3	Practical study and analysis of excerpts from works by key authors representing different stylistic periods and approaches.
Year 1	410013	Rhythmic practice and sound languages I	Pràctica rítmica i llenguatges sonors I	x	x	6	Knowledge, analysis, and experimentation of musical rhythm in all its facets and manifestations. Application of rhythmic practice to dance movement, based on knowledge of percussion and its instrumental diversity as a tool for motor and coordination development. Knowledge and vocal practice of musical melodic and harmonic elements.
Year 1	410014	Workshop I	Taller I		x	6	Stage practice based on the student's proposal, aimed at integrating the knowledge acquired during the course for the creation of a duet with an approximate duration of 5–8 minutes.
Year 1	410015	Improvisation I	Improvisació I	x	x	5	Work from specific improvisation guidelines to explore the basic elements involved in movement, which are later applied to composition (movement qualities, dynamics, movement impulses, sources of movement creation, etc.). Develop a state of alertness and attention through both internal (self) and external (spatial) connection, in order to compose small improvised duet scores in a creative and spontaneous way.
Year 1	410016	Choreographic and musical culture	Cultura coreogràfica i musical	x	x	5	This course focuses on the history of dance, following its chronological development within the broader context of the history of ideas and the arts, with specific references to the socio-political background of different styles, movements, creators, and works.

Year 2	420001	History of modern and contemporary dance	Història de la dansa moderna i contemporània	x	x	3	A historical overview of the main movements and choreographers that shaped the dance tradition of the 20th century and the contemporary dance landscape.
Year 2	420002	History of dance in Spain	Història de la dansa a Espanya		x	3	This course aims to provide knowledge and analysis of the different genres, styles, and dance repertoire that have developed in Spain throughout various historical periods and sociocultural contexts, with particular emphasis on the history of dance in Catalonia between the 19th and 20th centuries.
Year 2	420003	Dance techniques II (Classical, Contemporary, Spanish or Other techniques)	Tècniques de dansa II (Clàssica, Contemporània, Espanyola o Altres tècniques)	x (module 1,2,3)	x (module 4,5,6)	9	Practical dance class designed to serve as technical and interpretative training and deepening for the specialties of Performance/Choreography and Pedagogy alike. It aims to provide students with the tools to develop their skills through conscious practice, acquire new resources, and consolidate existing ones.
Year 2	420004	Dance and health	Dansa i salut	x		3	This course encompasses aspects that connect dance with the broader notion of health and well-being. It provides students with a foundation of knowledge to approach their practice—whether in pedagogy, performance, or choreography—in an optimal and healthy way for themselves and others.

Year 2	420006	Composition II	Composició II (PED)	x		3	Strategies for Developing a Personal Choreographic Notation: Articulation of thematic and abstract compositions through the integration of technical and formal tools acquired in previous Composition I courses, supported by a theoretical and historical understanding of Western choreographic practice, with a focus on solo composition work.
Year 2	420007	Interpretation II	Interpretació II		x	3	Advanced study of Interpretation I, expanding specific interpretative training for dancers/performers based on conscious energy management. Special emphasis is placed on the study of elements that shape stage behavior across different aesthetic approaches.
Year 2	420008	Improvisation II	Improvissació II	x		3	Develop tools for improvisation and the creation of improvised scores for solo and group work.
Year 2	420009	Analysis and practice of the repertoire	Anàlisi i pràctica del repertori		x	6	Identification and study of some of the fundamental/significant works in the dance repertoire.
Year 2	420010	Movement notation I	Notació del moviment I	x		3	Study of Laban's system of analysis and observation to understand and deepen movement. Study of choreographic notation to introduce students to the analysis, reading, interpretation, execution, and composition of movement. Notation of choreographic sequences, either in full or in detail, depending on the dance style or technique practiced and the student's personal creativity. Reading and comprehension of dance scores. Capture and notation of simple human body movements.
Year 2	420012	Musical analysis applied to dance	Anàlisi musical aplicat a la dansa	x	x	3	Acquire the necessary musical knowledge to analyze musical structures for application in dance teaching or choreographic processes. Analyze formal and stylistic characteristics of musical works composed for dance and other contexts. Develop a personal notation system to be able to describe music.
Year 2	420013	Rhythmic practice and sound languages II	Pràctica rítmica i llenguatges sonors II		x	3	Knowledge, analysis, and experimentation of musical rhythm in all its facets and manifestations. Application of rhythmic practice to dance movement, based on knowledge of percussion and its instrumental diversity as a tool for motor and coordination development. Knowledge and vocal practice of melodic and harmonic musical elements.
Year 2	420017	Kinesiology education and body training	Educació cinesiològica i entrenament corporal	x		3	This course serves as a practical synthesis of the knowledge acquired in the other "Health" subjects. In this context, it aims to provide future professionals in dance pedagogy with the tools to develop analytical skills, formulate working hypotheses, and make informed decisions in response to challenges and needs related to prevention, physical conditioning, and postural control, enabling the design of the most appropriate physical-postural work guidelines or programs.

Year 2	420019	General didactics of dance	Didàctica general de la dansa	x		3	Knowledge of the foundations underlying the teaching–learning process in Dance, including the theories that currently support the constructivist approach and underpin the modern educational system. Organizational and didactic elements in the dance class. Didactic intervention, providing an overview of the constitutive aspects of teaching that later enable work on specific didactics for particular styles and/or techniques. Teaching strategies, learning strategies, and their adaptation according to the type of students. Analysis and reflection on the general aspects established in official curricula. Tools to approach innovation processes applied to educational interventions.
Year 2	420021	The dance in the educational system and its concretion in the centers	La dansa en el sistema educatiu i la seva concreció en els centres	x	x	3	Educational system, legal framework, and legislation in the field of dance. General development and specification of the dance curriculum in educational centers: Educational and Curricular Project. Evaluation and innovation of dance educational projects.
Year 2	420024	Developmental psychology	Psicologia del desenvolupament	x	x	3	Knowledge of the psychological development process across the lifespan, from childhood to old age. Motor, cognitive, social, and emotional development at each stage: childhood, adolescence, youth, adulthood, and old age. Relationship between developmental stages and their implications for intervention in the dance classroom.
Year 2	420025	Practical foundations of dance didactics	Fonaments pràctics de la didàctica de la dansa	x		6	Theoretical and practical work on general concepts common to all dance styles, serving as a starting point for the development of style-specific didactics, including posture, dynamic alignment, identification, basic coordination, rhythm application, spatial awareness, and more. Monitoring of the teaching process of a dance class in the student's specific style, under the academic supervision of a teacher.

Year 3	420018	Psychopedagogy of dance	Psicopedagogia de la dansa	x		3	Basic psychological processes in dance teaching–learning. Development of essential concepts and their practical applications to enhance the personal and artistic growth of dance students.
Year 3	430001	Theory of acting	Teoria de l'actuació	x	x	3	Description and analysis of the general principles of performance. The course offers a cross-disciplinary perspective on the various technical traditions related to performance in order to formulate common working principles and logics that explain how the actor-dancer develops expressive capacity and communication with the audience. Performance traditions are considered in their full breadth, including Euro-American and traditional Asian practices, as well as those related to different genres of performance (dance, spoken theatre, and mime).
Year 3	430002	History of modern and contemporary art	Història de l'art modern i contemporani	x		3	A historical and analytical overview of the main authors and movements in 20th-century art, from the avant-gardes of modernism to contemporary conceptual art, supported by iconographic evidence and a wide range of textual references, with special emphasis on the points of contact and convergence phenomena between visual–figurative practice and dance creation throughout the last century.
Year 3	430003	Dance techniques III (Classical, Contemporary, Spanish or Other	Tècniques de dansa III (Clàssica, Contemporània, Espanyola, Altres tècniques)	x (module 1,2,3)	x (module 4,5,6)	6	Practical class covering different dance techniques with approaches drawn from diverse cultural contexts.

Year 3	430006	Repertoire analysis	Anàlisi del repertori		x	3	This course deepens the methodological aspects addressed in the previous course, Analysis and Practice of the Repertoire, applying the student's analytical responsibilities to the full spectrum of modern and contemporary repertoire, particularly regarding formalist and abstract traditions.
Year 3	430007	Practice of the repertoire II	Pràctica del repertori II		x	3	This course deepens the methodological aspects addressed in the previous Repertoire Practice course, further developing students' analytical skills and their ability to apply the tools they have acquired.
Year 3	430014	Pedagogies of the twentieth century	Pedagogies del segle XX		x	3	Main features of 20th-Century pedagogical currents, overview of general and dance-specific pedagogical movements, establishing the corresponding links and interconnections. Focus on contemporary education and pedagogical theories as a starting point for the development of new dance pedagogies.
Year 3	430015	Specific didactics of dance I (Classical, Contemporary or Spanish)	Didàctica específica de la dansa I (Clàssica, Contemporània, o Espanyola)	x	x	6	The course provides didactic resources for organizing, planning, sequencing, and communicating content, enabling the design and delivery of classes, warm-ups, and/or training for beginner and intermediate levels. It also offers resources to analyze and evaluate the teaching-learning process.
Year 3	430019	Organization, management and elaboration of pedagogical projects	Organització, gestió i elaboració de projectes pedagògics	x	x	3	Introduce students to the practical realities of designing, organizing, and managing a dance education project, whether in a center dedicated exclusively to dance or in temporary or collaborative projects, from conception through implementation and evaluation.
Year 3	430020	Curricular deployment, planning and evaluation	Desplegament curricular, planificació i avaluació	x		3	Theoretical and practical work on curriculum development in dance, from the Educational Project to the Curricular Project, including classroom planning and assessment in dance education.
Year 3	430021	Basis of educational research methodology	Fonaments en la metodologia de la investigació educativa	x		3	Introduction to research processes in dance. Covers formats, standards, protocols, documentation, resource management, and other elements necessary for the proper development and presentation of research.
Year 3	430022	Pedagogical assistance	Assistència pedagògica		x	3	This course provides students with the opportunity to assist a dance teacher in the delivery of a class over a set period, taking into account observational and practical factors appropriate to their level of responsibility. It introduces students to reflection and basic practice of the practical aspects involved in dance teaching.
Year 3	430023	Didactics of movement through music I	Didàctica del moviment a través de la música I	x	x	3	Movement analysis using music and its parameters according to the aspects that modify, support, and enhance development, performance, and technical and artistic outcomes in dance classes of any style. Equip future dance teachers to effectively convey exercise proposals both to their students and to musicians, contributing to the improvement of dance pedagogy.

Year 4	440001	Dance theory	Teoria de la dansa	x	x	3	This course addresses the general problems and concepts of Dance Theory, both in its endogenous aspects (tracing the development of basic elements in poetic and theoretical writings originating from dance itself) and in its exogenous aspects (identifying and analyzing the presence of transversal thinking about dance within the cultural discourse of the West and East). Students will develop the capacity to articulate a broad reflective paradigm around dance, integrating elements from diverse discursive fields (literature, religious history, philosophy, visual arts, sociology) into an expanded phenomenology of dance itself—understood as a mode of existence and self-reflection that transcends the limits set by historical and contemporary practice or by official and direct meta-discourse.
Year 4	440002	Dance techniques IV (Classical, Contemporary, Spanish or Other	Tècniques de dansa IV (Clàssica, Contemporània, Espanyola, Altres tècniques)	x (module 1,2,3)	x (module 4,5,6)	6	Practical class covering different dance techniques with approaches drawn from diverse cultural contexts.
Year 4	440009	Tutorial action. Models of interaction and communication in the classroom	Acció tutorial. Models d'interacció i comunicació a l'aula	x	x	3	Study of tutorial practice and the significance of tutoring in dance. Tools to address group and individual dynamics in tutorial guidance. Reflection and work on personal style, self-awareness, and emotional management. Knowledge of strategies and techniques to enhance the tutor's self-understanding. Familiarity with interview techniques and building relationships with students and families. Planning, execution, and evaluation of tutorial tasks by the teacher. Development of a tutorial action plan.
Year 4	440010	Specific didactics of dance II	Didàctica específica de la dansa II (Clàssica, Contemporània, o Espanyola)	x	x	6	Learning to convey artistic and virtuosic content equivalent to the professional training period of the dancer. Application of basic didactic principles to all content, taking into account the age of the students, as well as the specific requirements of dance training and its professional projection.
Year 4	440013	Thematic seminars I	Seminaris temàtics I	x		3	Practice, analysis, and reflection on methodological resources and relational strategies in dance teaching–learning.
Year 4	440015	Dance and education	Dansa i educació	x		3	Teaching dance as an educational tool in schools. Study of how dance and movement are addressed in the general curriculum. Contributions and benefits of dance across different educational stages. Design and development of activities related to the content of early childhood and primary education.
Year 4	440016	Practicum	Pràcticum			6	Practical application by the student of the knowledge acquired throughout their studies in a real and concrete context. Introduction of the student to the actual practice of teaching under the supervision of a professional from the Practicum field and a tutor from the collaborating institution where the practicum is conducted.
Year 4	440017	End-of-Degree Project	Treball final			9	
Year 3-4	450001	Elective: Aesthetics	Optativa: Estètica		x	3	Introduction to the essential issues in reflecting on the human capacity for creativity and the diversity of its works.

Year 3-4	450002	Elective: Dance criticism	Optativa: Crítica de la dansa	x	x	3	In-depth study of the different types, formats, and tools of criticism, understood as analytical commentary and aesthetic evaluation of an artist's work (both live and written). Critical review of the main categories of contemporary dance. Development of a critical discourse and a personal poetics based on texts by 20th- and 21st-century dance creators.
Year 3-4	450004	Elective: Performance Studies	Optativa: Performance Studies			3	Description and analysis of the conceptual structure of Performance Studies. Exploration of the dialogue between various theoretical, sociological, and cultural methodologies and contemporary practice and research. The course considers Performance Studies as an open and interdisciplinary space for reflecting on practices, aesthetics, and theories across social, cultural, political, and artistic domains. In addition to theoretical reflection, practical artistic expression taught by guest artists is considered an essential component, enabling students to acquire skills for reflective artistic practice and its effective communication.
Year 3	450005	Elective: Movement education for children I	Optativa: Educació en el moviment per a nens I			3	An introduction to body work in early childhood (ages 3–6) through creativity and musical body work, serving as a starting point for movement education and as a foundation for the subsequent learning and development of various dance techniques.
Year 3-4	450007	Elective: Flamenco	Optativa: Flamenc			3	Theoretical and practical introduction to flamenco dance through observation, analysis, and reflection, aimed at deepening the technical and interpretative skills of students. The course provides students with tools to develop hybrid qualities, transversal discourses, and critical pedagogies, approaching the flamenco language from contemporary perspectives and practices. Through conscious work, students acquire new resources adapted to the characteristics of the group.
Year 3-4	450008	Elective: Visual Theatre	Optativa: Teatre Visual	x		3	Explore and develop the basic aspects of visual theatre (objects, puppets, and shadows) from an interdisciplinary perspective with dance. The course investigates the hybridization between danced movement and object manipulation.
Year 3-4	450009	Elective: Musical Theatre	Optativa: Teatre Musical		x	3	Study of different musical theatre styles and practical work through interpretation exercises, choreography, and songs, providing students with tools to work professionally in the genre.
Year 3-4	450010	Elective: Figurinism	Optativa: Figurinisme	x (intensive course)		3	An introductory course that offers immersion into the world of figurinism applied to stage dance.
Year 3-4	450011	Elective: Somatic education	Optativa: Educació Somàtica	x		3	Through the Alexander Technique, students learn to inhibit automated responses and direct those that allow them to maintain primary control—improving the relationship between the head, neck, and spine. One of its objectives is to reintegrate natural balance and coordination and create the conditions necessary to improve self-use and overall efficiency.
Year 3-4	450012	Elective: Acrobatics	Optativa: Acrobàcia	x		3	Introduction to individual, partner, and group acrobatics. Use of diverse equipment and its integration into individual, duet, and group dance movement as a tool to enrich movement, overcome fear, improve physical conditioning, and enhance body awareness.

Year 3-4	450013	Elective: Application of dance in the fields of community action, education and health	Optativa: Dansa aplicada	x		3	Knowledge for the application of dance in the fields of community engagement, education, and health.
Year 3-4	450015	Elective: Creation Lab	Optativa: Laboratori de creació			3	Participate in, experience, and observe from within the creative process of a stage and/or choreographic work from the artistic perspective of one or more contemporary choreographers. The student acts as both performer and co-creator, generating the movement material of the work while simultaneously reflecting on and practicing various methodologies for creation, as well as the different elements and phases that comprise the creative process of a work until its completion.
Year 3-4	450018	Elective: Dance-Theatre	Optativa: Teatre Dansa		x	3	Introduction to creation within the Dance-Theatre language, including its basic techniques and concepts.
Year 3-4	451004	Elective: External Practicum	Optativa: Pràctiques externes			3	A course designed to promote pedagogical and choreographic practice outside the institution, enhancing students' professional engagement and their connection with the field.
Year 3-4	451005	Elective: Technology applied to music creation	Optativa: Tecnologia aplicada a la creació musical		x	3	Understand and master the semiotics of sound effects, compositional conventions, and the relationships between sound and image through formal and conceptual analysis based on listening and cultural, technical, and perceptual contextualization, enabling dramaturgical use.
Year 3-4	451010	Elective: Interpretive practice I	Optativa: Pràctica interpretativa I		x	3	Performance in front of an audience, applying the concepts explored in the courses Interpretation I and Interpretation II.
Year 3	451013	Elective: Optional dance technique A	Optativa: Tècnica opcional de dansa A			3	Practical class in any of the techniques offered according to the curriculum, aimed at technical and interpretative deepening for the specialties of Performance/Choreography and Pedagogy alike.
Year 4	451014	Elective: Optional dance technique B	Optativa: Tècnica opcional de dansa B			3	Practical class in any of the techniques offered according to the curriculum, aimed at technical and interpretative deepening for the specialties of Performance/Choreography and Pedagogy alike.
Year 3-4	451015	Elective: Body Weather	Optativa: Body Weather			3	Comprehensive dance training and performance practice that explores the intersections of the body and its environment through training, exploration, and research.
Year 3-4	451016	Elective: Ground work	Optativa: Treball de terra	x	x	3	Practical exploration of movement using the floor as both a support and a propulsive surface from any body position. The course provides students with tools to develop skills through conscious practice, acquire new resources in floor work, and consolidate existing ones.
Year 3-4	451017	Elective: Improvisació III	Optativa: Improvisation III			3	Deepen the development and exploration of strategies, tasks, principles, and/or concepts that help expand movement vocabulary, enhance real-time decision-making, and support instant composition, both individually and in group settings.
Year 3-4	451018	Elective: Choreographic Options	Optativa: Opcions coreogràfiques			3	A general overview of the different choreographic approaches that have emerged since the rise of modern and contemporary dance. The course is designed to provide firsthand knowledge of ways to understand and create choreography through direct contact with specially invited choreographers.

Year 3-4	451019	Elective: Movement education for children II	Optativa: Educació en el moviment per a nens II			3	Introduction to body work in childhood (ages 6–12) through creativity and musical body work, serving as a starting point for movement education and as a foundation for the subsequent learning and development of various dance techniques.
Year 3-4	451020	Elective: Music education applied to movement	Optativa: Educació musical aplicada al moviment			3	Acquire the necessary musical knowledge to analyze musical structures for application in dance teaching or choreographic processes. Practice, analyze, and create musical didactic exercises applicable to a dance class.
Year 3-4	451021	Elective: Stage space II	Optativa: Espai escènic II	x		3	This course provides tools to recognize and manage the resources of the performance space in the construction of meaning, offering students methodologies from spatial composition, scenography, and stage design, sufficient for a choreographer to successfully integrate them into staging codes. The performance space as a generator of meaning. Interaction between the performance space and the play space. Stage composition and choreographic composition. Elements for reading and analyzing stage space and lighting. Project-based methodologies: Practice of staging projects. Identification of the choreographer's relationships with other stage creators.
Year 3-4	451022	Elective: Other Dance Techniques / Pas de Deux II	Optativa: Altres tècniques de dansa / PAS A DOS II		x (Intensive course in February)	3	Basic training for teaching partnering work, focusing on perception, connection, and collaboration with a partner. Study of axis work (maintaining, manipulating, and/or re-establishing it), counterbalance, lifts, their variations, and other specific elements characteristic of this technique.
Year 3-4	451024	Elective: Optional dance technique D	Optativa: Tècnica opcional de dansa D	x		3	Practical class in any of the techniques offered according to the curriculum, aimed at technical and interpretative deepening for the specialties of Performance/Choreography and Pedagogy alike. The course provides students with tools to develop skills through conscious practice, acquire new resources, and consolidate existing ones.
Year 3-4	452001	Elective: Thematic seminars II	Optativa: Seminaris temàtics II		x	3	Practice, reflection, and comparative analysis of various representative methodologies from the proposed styles, including classical dance, contemporary dance, and Spanish dance.
Year 3-4	452002	Elective: Pointe technique and technique for the male dancer I	Optativa: Treball de puntes i tècnica per a nois I	x	x	3	Learning the foundational physical preparation and technique necessary for teaching pointe work and male technique. Introduction to specific pointe work for female dancers. Understanding technical and stylistic principles, as well as the development of appropriate muscular strength and tone, based on correct body placement and alignment, as defined in general classical dance training. Consideration is given to natural physical aptitudes and the age groups targeted. Terminology is introduced for beginner and early intermediate levels.
Year 3-4	452003	Elective: Pointe technique and technique for the male dancer II	Optativa: Treball de puntes i tècnica per a nois II		x	3	Learning the foundational physical preparation and techniques necessary for teaching pointe work and male technique. Introduction to specific pointe work for female dancers. Understanding technical and stylistic principles, as well as the development of appropriate muscular strength and tone, based on correct body placement and alignment, as defined in general classical dance training. The course takes into account natural physical aptitudes and the age ranges of the students. Terminology is provided for beginner and early intermediate levels.

Year 3-4	452004	Elective: Pas de deux	Optativa: Pas a dos	x		3	Basic training for teaching partnering work, focusing on perception, connection, and collaboration with a partner. Study of axis work (maintaining, manipulating, and/or re-establishing it), counterbalance, lifts, their variations, and other specific elements characteristic of this technique.
Year 3-4	452006	Elective: Methodologies and techniques for teaching improvisation and composition:	Optativa: Metodologies i tècniques per a l'ensenyament de la improvisació i la composició			3	Acquire the knowledge necessary to generate methodologies and structures for improvisation and composition for application in dance teaching or choreographic processes. Practice, analyze, and create didactic exercises in improvisation and composition. Study the functioning of existing methodologies in order to develop one's own.
Year 3-4	452007	Elective: Partner Work	Optativa: Treball en parella	x		3	Basic training for teaching partner work, focusing on perception, connection, and collaboration with a partner. Study of supports, weight sharing, counterbalance, lifts, their variations, and other elements specific to this technique. Use of different levels of contact in terms of intensity and height (from the floor to lifted positions), and the application of contact within open or structured improvisation.
Year 3-4	452008	Elective: Practice and technique of Spanish Dance	Optativa: Pràctica i tècnica de la Dansa Espanyola			3	Specific practical work focused on developing stylistic, interpretative, and artistic skills through various pieces from the Spanish dance repertoire in any of its styles and techniques.
Year 3-4	452009	Elective: Styles of Spanish Dance	Optativa: Estils de la Dansa Espanyola			3	Analytical and reflective study, from an anthropological and sociological perspective, of the origins and development of the different styles of Spanish dance up to the present day.
Year 3-4	452010	Elective: Methodologies of Spanish Dance	Optativa: Metodologies de la Dansa Espanyola			3	Study of the basic methodologies of the different styles of Spanish Dance, considering not only the perspective of their historical development but also the unique methodologies of the leading national artistic figures who have become key references in the pedagogy of Spanish Dance.
Year 3-4	452011	Elective: Dance projects in the fields of community action, education and health	Optativa: Mirades sobre la dansa			3	A course aimed at developing projects grounded in research within a real and concrete context for the application of dance in the fields of community engagement, education, and health.

The offer of elective subjects slightly changes each academic year